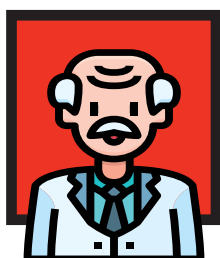


WHAT SHOULD YOU DO IF YOU TEST POSITIVE?

Now that we have nasopharyngeal swab testing for COVID 19, here is some general information to guide your decisions. For any specific questions regarding your health, please contact your physician.

If you tested positive for COVID-19, you should contact your physician, begin self isolation, and trace your interactions during the past 4 weeks.

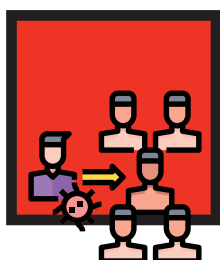


1. CONTACT YOUR PHYSICIAN

You should contact your physician and make them aware so they can guide your care.

2. BEGIN SELF ISOLATION

Begin self isolation at home. Separate yourself from other people in your home; stay away from your pets and animals; and, be sure to wear a face mask to protect yourself and those around you. You should consider yourself positive and infectious for at least two weeks and until you have had two negative tests.



3. TRACE YOUR CONTACT

Trace those you may have had contact with during the past 4 weeks and encourage them to get tested. Positive results are shared with the Public Health Department and you alone, so trace your contacts on your own.

